

STUDENT ACTIVITIES

A wide variety of activities are available to students in this school. Although some require special talents or skills, most are open to anyone interested. It is the wish of the faculty and administration that each student should take advantage of the opportunities that exist in these activities.

Following is a list of activities available to students in this school. Please do not hesitate to seek more information about specific activities by contacting a coach, activities sponsor, teacher, principal, or other students.

INTERSCHOLASTIC ATHLETICS

Girls' Cross Country	Boys' Cross Country
Football	
Girls' Volleyball	
Boys' Basketball	Girls' Basketball
Wrestling	
Boys' Track	Girls' Track
Boys' Tennis	Girls' Tennis
Boys' Golf	Girls' Golf
Baseball	Girls' Softball
Boys' Swimming	Girls' Swimming
Boys' Soccer	Girls' Soccer

CLUBS AND ORGANIZATIONS

Advanced Career Education (ACE) Career Organization
Art Club
Cheerleaders
Dance Squad
Distributive Education Clubs of America (DECA Club)
Dramatics
Family and Consumer Science (FACS)
Hi-Breeze (newspaper)
International Club
International Thespian Society
Intramurals
JEL
Key Club
Large Group Speech/Individual Speech
National History Day Program
Student Council
The Breeze (yearbook)

It shall be understood in the Storm Lake High School that any student wishing to have the opportunity to participate in an extracurricular activity is allowed to do so. Because a student is already participating in an extracurricular activity should not eliminate him/her from participating in other extracurricular activities.

INTERSCHOLASTIC ATHLETICS

Storm Lake High School offers 20 sports for varsity and junior varsity competition. There are also 6 sports that offer a separate 9th grade program.

Practice sessions are held five days a week after school. All team members are expected to attend all practices. A physical examination form, a waiver form, and proof of insurance must all be on file in the High School office before a student is allowed to practice or play.

ACE CAREER ORGANIZATION

ACE (Advanced Career Education) Career Organization is a student-led organization in which all students enrolled in the ACE class participate. Students elect the following officers in the fall: President, Vice President, Secretary/Treasurer, Community Service Representative, Social Representative and Marketing Agent.

The main fundraiser is a student-produced radio show and carnival in the fall. Proceeds help student officers to attend an Officer Retreat in Des Moines in November, pay for Community Service projects such as Adopt-a-Family in December and Staff Appreciation in May, and to pay the expenses for the ACE Competitions at Buena Vista University in April.

ART CLUB

This is an extra curricular activity open to all high school students in grades 9-12. The student does not have to be a current art student-only interest and available time are requirements.

The Art Club is a service organization devoted to the promotion of art related activities in our school and community. Regular meetings take place monthly with activity meetings scheduled according to need. Examples of regular activities might include: painting sets, silk-screening T-shirts, pressing buttons, making poster/signs, painting murals, or taking field trips to major art galleries.

CHEERLEADERS

Being a Storm Lake High School cheerleader is a privilege, an honor, and a responsibility. The squad levels are 9th grade, junior varsity, and varsity. Squads are elected in mid-March for football. Basketball and Wrestling Squads are elected in late October. A basic uniform (skirt, shell, unifit, warm,-up and bag) is provided by the school. The elected cheerleader is responsible for his/her own T-shirt, sweatshirt, shoes, socks, and briefs.

Practice sessions are held Tuesday and Thursday after school from 3:30 - 6:00, and all squad members must attend. Other responsibilities include participating in scheduled cheering assignments, helping man the summer baseball/softball concession stand, promoting school spirit, planning pep rallies, providing some charity work, and being a good representative of our student body in school and in the community.

DANCE SQUAD

To be a member of the dance squad is an honor and a privilege. Dance squad members have the important responsibility of generating a positive school spirit within the school during a performance.

Tryouts are held in the spring. All girls, grades 9-12, are eligible to try out. Candidates must have a sense of rhythm and enjoy dancing to music. The dance squad practices 2 days a week after school, Monday (3:30-7:00 p.m.) and Wednesday (3:30-6:00) in the high school student center.

The school provides a bag, and several school uniforms. The dance squad member is responsible for camp/hotel, her own shoes, jazz pants, and T-shirt, sweatshirt and shorts. Dance Squad is a very long season, starting in July and ending in March. State Competition is held in December, followed by several halftime performances during Basketball season. The spring show is usually held in March.

DECA CLUB

DECA is an association of marketing students that is designed to provide activities that will motivate students to learn marketing, management, and entrepreneurial competencies that prepare them to become skilled, employable workers in the field of marketing. Members of DECA create the DECA cards, which help students understand the concepts of production, advertising, and selling. The proceeds of this fundraiser allow the students to attend DECA Districts in Sioux City, State DECA in Des Moines, and National DECA (in a different U.S. city each year). Join Marketing to be involved in DECA!

DRAMATICS

Storm Lake drama activities include comedy, drama, and small-scale and large-scale musical productions. Auditions for roles in the plays are open to all students 9-12.

The staging director for non-musical plays and the musical and staging directors for musicals handles cast selection through a tryout process.

Every effort is made to schedule rehearsals around athletic events when possible so students can participate in both activities. Attendance is required at all rehearsals, unless excused by the director.

For those not performing on stage, there are many opportunities to get involved in the productions: lighting, sound, set construction, costumes, make-up, scene design and publicity.

FACS

FACS is a part of the National Vocational Student Organization for young women and men in and out of family and consumer science classes.

FACS chapters help youth assume active roles in society in the areas of personal growth, family life, vocational preparation, and community involvement.

Fundraisers include selling egg rolls and selling data matches before Homecoming. Activities vary from year-to-year based on community needs. FACS has collected old

eyeglasses for Lions Club and adopted a family at Christmas. Every two years FACS takes a trip, which is funded by the club.

HI-BREEZE

SLHS's voice of the students, The Hi-Breeze, is published monthly and distributed within the local Pilot Tribune newspaper. Every student is invited to join the Hi-Breeze staff, either by enrolling in the Journalism/Newspaper I-II-III classes, or by contributing free-lance articles, editorials, artwork, or graphics for publication. The Hi-Breeze offers students a voice for their ideas and concerns. All are encouraged to participate.

INTERNATIONAL CLUB

International Club is an organization for all students who have an interest in other cultures, languages, and people. Interested students need not be enrolled in a foreign language class or E.S.L. class. Four to five meetings per year are held. A major responsibility and fund-raiser for International Club is hosting and working during Diversity Day events. The projects involve working in groups and using creativity. The club sponsor the Folk dance group Cuna de Jalisco and the majority of the meetings are practice time.

INTERNATIONAL THESPIAN SOCIETY

The Storm Lake Troupe of the International Thespian Society is an educational organization which aims to establish and advance standards of excellence in all phases of theater arts, and which aims to create an active and intelligent interest in theater arts in our high school. The focus of the Thespian Society is on the student, his/her achievement, involvement and the betterment of his/her education in theater arts. Thespian membership is granted through a point system, including performance in plays, speech contest, and backstage work, and attending amateur and professional theatrical performances. Each activity is worth a predetermined number of points. Prospective Thespians must achieve a minimum of 15 points in order to gain acceptance in Troupe #2230.

INTRAMURALS

Several intramural sports are offered throughout the year. Each activity is held for 6 weeks and ends with a tournament. Medals are awarded to the winning team. Intramurals are open to high school students from Storm Lake High School and St. Mary's for a \$10 fee per sport. Team shirts are provided.

JEL

JEL (Just Eliminate Lies) is the state youth movement that fights big tobacco companies and their lies to youth. Their goal is to educate others about the harmful effects of tobacco and secondhand smoke and nicotine addiction. The group is open to all SLHS students in grades 9-12. Students who wish to be members must currently be, and intend on remaining, tobacco free as long as they are members. Students must also attend at least three meetings/activities per year.

KEY CLUB

Key Club is a service and social organization sponsored by the Storm Lake Kiwanis Beavers and Kiwanis International. The club is involved in activities to help both the school and the community. Past activities have included helping to set up and staff Santa's Village, providing workers for Elementary Adventure Clubs, helping in activities at the Methodist Manor, community beautification projects, Adopt-a-Family, Can Drive, Ditch Walk, and other activities. This club welcomes students from grades 9-12 and includes both boys and girls.

LARGE GROUP SPEECH/INDIVIDUAL SPEECH

There are presently two different speech contests in which a Storm Lake High School student can participate. They are:

Large Group Speech: There are 14 different categories in large group speech with district contest falling the last Saturday in January and state contest two weeks later. Students interested in large group speech audition and are cast into one or more of the events to be taken to contest. Groups advance to state competitions upon receiving a 1 rating at districts.

Individual Speech: There are 14 different individual speech categories a S.L.H.S. student may sign up for with districts falling on the last Saturday in February and state competition on the third Saturday in March. Students interested in individual contest sign up and find their selections before the set deadline. Individuals advance to state competition upon receiving a I rating from the district judges.

NATIONAL HISTORY DAY PROGRAM

The National History Day Program is an opportunity to study historical topics by conducting research through libraries, museums, interviews and historic sites. After a student has analyzed and interpreted sources of information, she/he draws a conclusion about the significance of the topic and then presents the information in one of five ways: as a paper, an exhibit, a performance, a documentary, or a web site. All students are invited to participate in National History Day. If you are interested, contact the Talented and Gifted Coordinator for more information.

STUDENT COUNCIL

The student council serves as an organization in which the students who are elected from the student body meet to exchange opinions and to act on matters that concern both the school and community. It allows students the opportunity to actively participate in the governmental process.

Every student in school has a voice in student affairs through an elected class representative. This representative assumes a leadership role in making decisions, which directly affect the students he/she represents. The student council provides an effective voice for students.

In order to represent the students of the school, the council is involved in planning and overseeing different projects, which stem from the actual needs of the student body. Many of these projects are social in nature.

To become a member of student council, the student must be elected by a majority of his/her peers. Five representatives are elected at large from each of the junior and senior classes and four each from the freshmen and sophomore classes. Three from each class are elected at the same time as the student body president and social chairperson during the spring election. Two more representatives from each of the junior and senior classes and one each from the freshmen and sophomore classes are elected the next fall.

Good representation on the part of the council comes through year-long efforts in the following areas: scheduling a wide variety of activities, developing communication with students, maintaining a respectable council image, and participating in educational and community meetings.

Approximately twelve meetings are held during the year. The majority of the meetings are held during the school day. A schedule of meeting dates and times is distributed to members at the onset of the school year.

THE BREEZE

Students enrolled in the Journalism/Yearbook class produce the SLHS school yearbook, *The Breeze*, in and out of school. The class meets daily using skills in desktop publishing, computer & graphics art, writing, photography and sales. Some time outside of school, working on layouts, attending events, and summer workshops, is required.