



# NAME OF SCHOOL LUNCH MENU



**November  
2011**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>FRUIT &amp; VEGETABLE BAR</b> Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit &amp; Vegetable Bar.</p>	<p><b>1 French Toast Sticks</b></p> <p>Beefy Nachos with Homemade Cheese Sauce Corn &amp; Rice Bake</p> <p><b>Alternative Entrée(s)</b> Egg Salad Sandwich Salad Bar</p>	<p><b>2 BKF Sandwich</b></p> <p>American Turkey Pot Pie Popeye Salad Dinner Roll</p> <p><b>Alternative Entrée(s)</b> Cold Cut Combo Sub Salad Bar</p>	<p><b>3 BKF Pizza</b></p> <p>Mini Corn Dog Mac &amp; Cheese Vegetable Blend Dinner Roll</p> <p><b>Alternative Entrée(s)</b> Turkey Sub Salad Bar</p>	<p><b>4 Cereal/Muffin</b></p> <p>Pizza Parlor Pizza Italian Tossed Salad Harvest Bar</p> <p><b>Alternative Entrée(s)</b> Yogurt Pack Salad Bar</p>
	<p><b>7 Cereal/Donut</b></p> <p>Chicken Patty on a Bun Baked Potato Wedge Cucumber Ranch</p> <p><b>Alternative Entrée(s)</b> Chicken Caesar Wrap Salad Bar</p>	<p><b>8 French Toast Sticks</b></p> <p>Pizza Bake Caesar Salad Garlic Bread Stick</p> <p><b>Alternative Entrée(s)</b> Turkey Ranch Wrap Salad Bar</p>	<p><b>9 BKF Sandwich</b></p> <p>Turkey &amp; Gravy Mashed Potatoes Buttered Broccoli Dinner Roll</p> <p><b>Alternative Entrée(s)</b> Italian Sub Salad Bar</p>	<p><b>10 BKF Pizza</b></p> <p>BBQ Pork Slider Baked Beans Creamy Cole Slaw</p> <p><b>Alternative Entrée(s)</b> Ham Pinwheel Salad Bar</p>
<p><b>14 Cereal/Donut</b></p> <p>Stadium Dog on a Bun Kettle Chips 3 Bean Salad</p> <p><b>Alternative Entrée(s)</b> Buffalo Chicken Wrap Salad Bar</p>	<p><b>15 French Toast Sticks</b></p> <p>Crispito Corn Fruit Cup</p> <p><b>Alternative Entrée(s)</b> Egg Salad Sandwich Salad Bar</p>	<p><b>16 BKF Sandwich</b></p> <p>Turkey Mashed Potatoes/Gravy Seasoned Green Beans Dinner Roll</p> <p><b>Alternative Entrée(s)</b> Cold Cut Combo Sub Salad Bar</p>	<p><b>17 BKF Pizza</b></p> <p>Southwest Turkey Crunch Mexican Brown Rice Fresh Fruit Cup</p> <p><b>Alternative Entrée(s)</b> Turkey Sub Salad Bar</p>	<p><b>18 Cereal/Muffin</b></p> <p>Cheese Bread Marinara Sauce Italian Quinoa Salad</p> <p><b>Alternative Entrée(s)</b> Yogurt Pack Salad Bar</p>
<p><b>21 Cereal/Donut</b></p> <p>Chicken Marinara Sandwich Parmesan Pasta Roasted Italian Vegetable</p> <p><b>Alternative Entrée(s)</b> Chicken Caesar Wrap Salad Bar</p>	<p><b>22 French Toast Sticks</b></p> <p>Toasted Grilled Cheese Tomato Soup Italian Pasta Salad</p> <p><b>Alternative Entrée(s)</b> Turkey Ranch Wrap Salad Bar</p>	<p><b>23 EAT A CRANBERRY TODAY</b></p> <p><b>BKF Sandwich</b></p> <p>Beef Barley Stew Broccoli Salad Biscuit</p> <p><b>Alternative Entrée(s)</b> Italian Sub Salad Bar</p>	<p><b>24 THANKSGIVING DAY</b></p>	<p><b>25 No School</b></p>
<p><b>28 Cereal/Donut</b></p> <p>Chicken Nuggets Mashed Potatoes &amp; Gravy Buttered Green Beans Dinner Roll</p> <p><b>Alternative Entrée(s)</b> Buffalo Chicken Wrap Salad Bar</p>	<p><b>29 French Toast Sticks</b></p> <p>Beefy Nachos with Homemade Cheese Sauce Corn &amp; Rice Bake</p> <p><b>Alternative Entrée(s)</b> Egg Salad Sandwich Salad Bar</p>	<p><b>30 BKF Sandwich</b></p> <p>American Turkey Pot Pie Popeye Salad Dinner Roll</p> <p><b>Alternative Entrée(s)</b> Cold Cut Combo Sub Salad Bar</p>	<p><b>NOVEMBER</b></p> <p><b>HARVEST OF THE MONTH</b></p> <p>Cranberries Sweet Potatoes Barley</p>	<p><b>Free &amp; Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</b></p>

Menus subject to change without notice.

**BREAKFAST/LUNCH PRICES**

Elementary  
Secondary  
Reduced \$0.30/\$0.40  
Additional Milk \$0.30  
Adult \$2.75  
Extra Entrée \$0.90

Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch

*NEW*

If we have a late start, we will not serve breakfast at school.

**FOOD Thought**

**TURKEYS**

Turkeys originated in North and Central America, and evidence indicates that they have been around for more than 10 million years.

Mature turkeys have more than 3,500 feathers.

The heaviest turkey ever raised weighed 86 pounds, about the size of an average third-grader.

- Prepared From Scratch
- Contains Pork
- Whole Grain Item
- USDA Food
- Farm to School Item
- Harvest of the Month

To check the balance in your account or for additional information, contact:  
Cynthia Pedersen  
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