



Storm Lake School District Breakfast & Lunch Menu

**September
2009**

- Scratch Cooked Items
- Contains Pork
- Vegetarian Option
- Fruit of the Month
- Vegetable of the Month
- Food 4 Life Recipe

Fruit & Vegetable Bar

Fresh, canned or frozen vegetables, plus fresh and canned fruits are available daily with lunch from our Fruit & Vegetable Bar.

Offered Daily:
Breakfast: Juice & Milk
Lunch: PB & Jelly Sandwich & Milk

LUNCH PRICES

Elementary	
Breakfast	\$1.10
Lunch	\$1.65
Secondary	
Breakfast	\$1.10
Lunch	\$1.70
Adult	
Breakfast	\$1.70
Lunch	\$2.25
Extra Entrée	\$0.90
Milk	\$35.00

*Milk Choices include
Skim, 2%, Whole & Chocolate*

To check the balance in your account or for additional information, contact:
Cindy Pederson, FSD
 712-732-8065

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 Cereal & Poptarts Chicken Fried Steak OR Salisbury Steak Potatoes/Gravy Peas <i>Peaches</i>	2 French Toast w/Sausage Chicken Fajitas OR Ham Sandwich Corn Pears	3 Breakfast Pizza Sloppy Joe on a Bun OR Egg Salad Sandwich Carrots Pineapple	4 Cereal & Donut Sack Lunches 11:30 Dimissal
7 Labor Day No School	8 Pancake on a Stick Crispito w/Sauce OR Chicken Salad Green Beans Fruit Cocktail <i>Cake</i>	9 Eggs & Sausage Hamburger Gravy w/Biscuits Carrots/Dip Pears	10 Breakfast Pizza Cheesebread Dunkers Lettuce Salad Pineapple <i>Granola Bar</i>	11 Cereal & Poptart Sausage Pizza Peas Applesauce <i>Ice Cream Bar</i>
14 Cereal & Donut Chicken Strips Tri Tators Carrots w/Dip Pineapple	15 French Toast w/Sausage Burrito w/Sauce OR Turkey Sandwich Peas Peaches <i>Cookie</i>	16 Cereal & Toast Nacho w/Meat & Cheese Corn Mandarin Oranges	17 Breakfast Pizza Corn Dog OR Cold Meat Combo Green Beans Fruit Cocktail	18 Breakfast Burrito Hot Potato Baked Potatoes with Toppings Mixed Veggies Applesauce <i>Fruit Shape Up</i>
21 Cereal & Donut Pepperoni Pizza OR Cold Meat Combo Corn Fruit Cocktail <i>Ice Cream</i>	22 Pancake on a Stick Hamburger on a Bun French Fries Mixed Veggies Pineapple	23 Cereal & Donut Crispito OR Ham Sandwich Green Beans Applesauce	24 Breakfast Pizza Hot Dogs Polish Tri Tators Carrots <i>Peaches</i>	25 Breakfast Burrito Sack Lunches 11:30 Dimissal
28 Cereal & Toast Hot Ham and Cheese Chips Green Beans Peaches	29 Breakfast Burrito Hamburgers French Fries Corn Pears	30 Cereal & Donut Chicken Nuggets Fish Nuggets Mashed Potatoes Peas <i>Pineapple</i>		

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