



Storm Lake Lunch Menu



September 2011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>SEPTEMBER HARVEST OF THE MONTH Melons Corn Summer Squash</p>	<p><i>Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</i></p>	<p>Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.</p>	<p>1 BKF PIZZA Chicken Alfredo Pizza Broccoli Salad</p> <p>Alternative Entrées Salad Bar Turkey Ranch Wrap</p>	<p>2 Cereal/Toast Breakfast Bake Aloha Muffin Square</p> <p>Alternative Entrées Salad Bars Yogurt Pak</p>
<p>5 LABOR DAY </p>	<p>6 Pancake on stick General Tso Chicken Lo Mein Noodles Fortune Cookie</p> <p>Alternative Entrées Salad Bar Turkey Sub</p>	<p>7 BKF Sandwich Ham & Pepperoni Melt Italian Pasta Salad</p> <p>Alternative Entrées Salad Bar Roasted Vegetable Focaccia</p>	<p>8 BKF Pizza Oven Fried Chicken Baby Red Roasted Potatoes Broccoli</p> <p>Alternative Entrées Salad Bar Ham & Swiss on a Bagel</p>	<p>9 Cereal/Toast French Bread Pizza with Marinara Sauce Popeye Salad</p> <p>Alternative Entrées Salad Bar Yogurt Pak</p>
<p>12 Cereal/Donut Cheeseburger on Wheat Bun Lettuce & Tomatoes Oven Fries</p> <p>Alternative Entrée(s) Salad Bar Salad Slider Sandwiches</p>	<p>13 FORTUNE COOKIE DAY Pancake on stick Chicken Alfredo over Pasta Vegetable Medley Garlic Bread Stick</p> <p>Alternative Entrée(s) Salad Bar Chicken Caesar Pita</p>	<p>14 BKF Sandwich Pulled Pork Sandwich Baked Potato Halves Creamy Cole Slaw</p> <p>Alternative Entrée(s) Salad Bar Cold Cut Combo Sub</p>	<p>15 BKF Pizza Western Quesadilla Omelet Roasted Breakfast Potato Ole</p> <p>Alternative Entrée(s) Salad Bar Turkey Ranch Wrap</p>	<p>16 Cereal/Toast Potato Crusted Fish Nuggets Butter Noodles Peas & Carrots Wheat Dinner Roll Fruit Crisp</p> <p>Alternative Entrée(s) Salad Bar Yogurt Pak</p>
<p>19 Cereal/Donut Chicken Nuggets Mashed Potatoes & Gravy Glazed Carrot Whole Grain Bread</p> <p>Alternative Entrée(s) Salad Bar Turkey Sub</p>	<p>20 Pancake on stick Lasagna Garden Salad Garlic Bread</p> <p>Alternative Entrée(s) Salad Bar Roasted Vegetable Focaccia</p>	<p>21 INTERNATIONAL PEACE DAY BKF Sandwich Chicken Fajita Spanish Rice Churro</p> <p>Alternative Entrée(s) Salad Bar Ham & Swiss on a Bagel</p>	<p>22 BKF Pizza Frank in a Blanket Baked Beans Kettle Chips</p> <p>Alternative Entrée(s) Salad Bar Roasted Vegetable Focaccia</p>	<p>23 FALL BEGINS Cereal/Toast Turkey Flat Bread Sandwich Tabouleh Salad</p> <p>Alternative Entrée(s) Salad Bar Yogurt Pak</p>
<p>26 JOHNNY APPLESEED DAY Cereal/Donut Chicken Tenders Potato Smiles Apple Waldorf</p> <p>Alternative Entrée(s) Salad Bar Salad Slider Sandwiches</p>	<p>27 Pancake on stick Salisbury Steak Mashed Potatoes & Gravy Vegetable Medley Slice of Wheat Bread</p> <p>Alternative Entrée(s) Salad Bar Chicken Caesar Pita</p>	<p>28 GOOD NEIGHBOR DAY BKF Sandwich Lemon Herb Chicken Brown & Wild Rice Pilaf Diner Roll Green Beans Ice Cream Treat</p> <p>Alternative Entrée(s) Salad Bar Cold Cut Combo Sub</p>	<p>29 BKF Pizza Mini Corn Dog Mac & Cheese Sweet Peas</p> <p>Alternative Entrée(s) Salad Bar Turkey Ranch Wrap</p>	<p>30 Cereal/Toast Pizza Parlor Pizza Italian Tossed Salad</p> <p>Alternative Entrée(s) Salad Bar Yogurt Pak</p>

- Prepared From Scratch
- Contains Pork
- Vegetarian Entrée
- Harvest of the Month

NEW

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FOOD 4 THOUGHT

SANDWICHES

One day in the 1700s, the Earl of Sandwich was so busy, he did not want to go to eat. So, he ordered some food to be piled between two slices of bread, which he ate while he was working. The sandwich has been popular ever since.

BREAKFAST/LUNCH PRICES

Elementary	1.60/2.15
Secondary	1.60/2.20
Reduced	\$0.30/\$0.40
Additional Milk	\$0.35
Adult	1.75/2.75
Extra Entrée	\$0.90

Menus are subject to change without notice.

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Milk Choice of 1%, Skim and Chocolate 1% is included with Lunch

To check the balance in your account or for additional information, contact:
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